

a Point32Health company

Tufts Health Plan Senior Care Options (HMO-SNP)

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2026 Step Therapy Medical Necessity Guidelines

Effective: January 1, 2026

ANTIDEPRESSANTS

Products Affected

- Emsam
- Fetzima

• Fetzima Titration Pack

Details

Bupropion, bupropion SR, bupropion XL, citalopram, desvenlafaxine ER, duloxetine delayed-release capsules, escitalopram, fluoxetine, fluoxetine delayed-release, fluoxamine, paroxetine, sertraline, venlafaxine and venlafaxine ER are on Step-1 and are covered without prior authorization. Emsam and Fetzima are on Step-2 and will be covered if the member has filled for a Step-1 or Step-2 medication within the previous 180 days as evidenced by a paid claim or physician documentation.

ATYPICAL ANTIPSYCHOTICS

Products Affected

- Asenapine Maleate Sl
- Fanapt
- Fanapt Titration Pack A

- Fanapt Titration Pack B
- Fanapt Titration Pack C

Details

ri au th w	Aripiprazole, lurasidone, olanzapine, olanzapine-fluoxetine, quetiapine, isperidone and ziprasidone are on Step-1 and covered without authorization. Asenapine and Fanapt are on Step-2 and will be covered if the member has filled for one or more Step-1 or Step-2 medications within the previous 180 days as evidenced by a paid claim or physician documentation.
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INHALED CORTICOSTEROIDS

Products Affected

• Fluticasone Propionate Diskus

• Fluticasone Propionate Hfa

Details

QVAR is on Step-1 and covered without authorization. Fluticasone is on Step-2 and will be covered if the member has filled for one or more Step-1 medications within the previous 180 days as evidenced by a paid claim or physician documentation.
or physician documentation.

INTERFERONS

Products Affected

- Rebif
- Rebif Rebidose

- Rebif Rebidose Titration Pack
- Rebif Titration Pack

Details

Criteria	Avonex, Betaseron, and Plegridy are on Step-1 and covered without prior authorization. Rebif and Rebif Rebidose are on Step-2 and will be covered if the member has filled for two or more Step-1 medications within the previous 180 days as evidenced by a paid claim or physician
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