

**TUFTS HEALTH PLAN
NETWORK OF FITNESS CENTERS**



**TUFTS  Health Plan
Medicare Preferred**

JOIN A FITNESS CLUB IN THE TUFTS HEALTH PLAN NETWORK AND SAVE!

The centers listed here are part of the Tufts Health Plan Network. You can join one of these clubs and save 20% off your annual membership and pay no joining fee. If you don't want to commit to an annual membership, you can pay \$6 per visit up to five times per month at participating centers. (Some centers may charge a \$15 evaluation fee.) Contact the center directly for details regarding membership.

MASSACHUSETTS FITNESS CENTERS

ANDOVER

Boston Sports Clubs

307 Lowell Street
Andover, MA 01810
(978)475-3333

ATHOL

YMCA

545 Main Street
Athol, MA 01331
(978)249-3305

AYER

Nashoba Valley Fitness Center

83 Central Avenue
Ayer, MA 01432
(978)772-3958

BEVERLY

Beverly Athletic Club

7 Reservoir Road
Beverly, MA 01915
(978)927-0920

BOSTON

Boston Sports Clubs

Downtown Crossing
10 Franklin Street
Boston, MA 02110
(617)695-9944

BRAINTREE

Blue Hills Sports

288 Wood Road
Braintree, MA 02184
(781)849-0444

BROCKTON

TGA Nautilus

244 Liberty Street
Brockton, MA 02301
(508)583-7322

BURLINGTON

Fitcorp

7 New England Executive Park
Burlington, MA 01803
(781)270-1121

Planet Fitness

40 Ray Avenue
Burlington, MA 01803
(781)229-9999

CAMBRIDGE

Fitcorp

600 Technology Square
Cambridge, MA 02139
(617)494-9466

CHARLESTOWN

Fitcorp

Schrafft's
529 Main Street
Charlestown, MA 02129
(617)242-6103

CHARLTON

Sim's Health and Racquet Club

306 Sturbridge Road
Charlton, MA 01057
(508)248-4804

CHELMSFORD

Gold's Gym

Five Courthouse Lane
Chelmsford, MA 01824
(978)453-4173

EAST LONGMEADOW

Healthtrax Fitness & Wellness

45 Crane Avenue
E. Longmeadow, MA 01028
(413)525-3931

FEEDING HILLS

Fitness First

60 North Westfield Street
Feeding Hills, MA 01030
(413)786-1460

FITCHBURG

Montachusett Regional YMCA

55 Wallace Avenue
Fitchburg, MA 01420
(978)343-4847

FRAMINGHAM

Suburban Athletic Club

10 Roxanna Street
Framingham, MA 01701
(508)879-6544

MASSACHUSETTS FITNESS CENTERS

FRANKLIN

Boston Sports Clubs

750 Union Street
Franklin, MA 02038
(508)528-5960

Team Fitness Franklin/ Crossfit Franklin

100 Franklin Village Drive
Franklin, MA 02038
(508) 541-8330

GREAT BARRINGTON

Berkshire South Regional Community Center

15 Crissey Road
Great Barrington, MA 01230
(413)528-2810

GREENFIELD

The Body Shoppe Health & Fitness Center

306 High Street
Greenfield, MA 01301
(413)774-2138

HANOVER

Healthtrax Fitness & Wellness

20 East Street
Hanover, MA 02339
(781)826-1300

HUDSON

Boost Fitness

312 Main Street
Hudson, MA 01749
(978)562-3250

HYANNIS

Cape Cod Fitness Center

287 Iyannough Road
Hyannis, MA 02601
(508)790-4477

LANCASTER

Orchard Hills Athletic Club

100 Duvall Road
Lancaster, MA 01523
(978)537-8387

LEXINGTON

Boston Sports Clubs

475 Bedford Street
Lexington, MA 02420
(781)861-8600

LOWELL

Fitcorp

900 Chelmsford Street
Lowell, MA 01851
(978)454-6800

LUDLOW

Ludlow Community Center

91 Claudia's Way
Ludlow, MA 01056
(413)583-2072

LYNNFIELD

Boston Sports Clubs

425 Walnut Street
Lynnfield, MA 01940
(781)246-7500

MARBLEHEAD

Marblehead Athletic Club

46 Tioga Way
Marblehead, MA 01945
(781)631-6533

MARSHFIELD

The Workout Club

1 Snow Road, Webster Square
Marshfield, MA 02050
(781)834-1150

MASHPEE

Fitness Company for Women

502 Main Street
Mashpee, MA 02649
(508)477-4777

MEDFORD

Mike's Gym III

465 Salem Street
Medford, MA 02155
(781)391-1280

METHUEN

Latitude Sports Club

116 Pleasant Valley Street
Methuen, MA 01844
(978)738-4653

NORTH DARTMOUTH

Healthtrax Fitness & Wellness

250 Faunce Corner Road
N. Dartmouth, MA 02747
(508)999-2171

NATICK

Longfellow Sports Club

203 Oak Street
Natick MA, 01760
(508)653-4633

NEWBURYPORT

YWCA of Newburyport

13 Market Street
Newburyport, MA 01950
(978)465-0981

NEWTON

Beacon Hill Athletic Clubs

1089 Washington Street
Newton, MA 02465
(617)332-0008

WATERTOWN

Forever Fitness

191 Watertown Street
Watertown, MA 02472
(617)964-1188

NORTHAMPTON

Northampton Athletic Club

306 King Street
Northampton, MA 01060
(413)585-8500

Universal Health & Fitness

33 Hawley Street
Northampton, MA 01060
(413)585-9900

MASSACHUSETTS FITNESS CENTERS

NORTHBOROUGH

Boost Fitness

79 West Main Street
Northborough, MA 01532
(508)393-0724

NORWOOD

The Vanderbilt Club

45 Vanderbilt Avenue
Norwood, MA 02062
(781)769-2340

PALMER

Asylum Health and Racquet

Rte 20-Wilbraham Road
Palmer, MA 01069
(413)283-3955

PLYMOUTH

Plymouth Fitness

16 Aldrin Road
Plymouth, MA 02360
(508)746-7448

RAYNHAM

Raynham Athletic Club

1250 New State Highway
Raynham, MA 02767
(508)823-5440

REVERE

Greater Boston Fitness

321 Charger Street
Revere, MA 02151
(781)286-0232

SOUTH YARMOUTH

Mid-Cape Racquet & Health

193 Whites Path
S. Yarmouth, MA 02664
(508)394-3511

SANDWICH

Sportsite Health Club

315 Cotuit Road
Sandwich, MA 02563
(508)888-7900

SOUTHBRIDGE

Tri-Community YMCA

43 Everett Street
Southbridge, MA 01550
(508)765-5466

SPRINGFIELD

Sheraton Athletic Club

One Monarch Place
Springfield, MA 01144
(413)263-2115

TAUNTON

Inn Fitness Club

700 Myles Standish Boulevard
Taunton, MA 02780
(508)823-6190

WEST SPRINGFIELD

Healthtrax Fitness & Wellness

155 Ashley Avenue
W. Springfield, MA 01089
(413)781-0181

WALTHAM

Boston Sports Clubs

840 Winter Street
Waltham, MA 02451
(781)522-2222

Fitcorp

Reservoir Place
1601 Trapelo Road
Waltham, MA 02451
(781)890-8422

Waverly Oaks Athletic Club

411 Waverly Oaks Road
Waltham, MA 02452
(781)894-7010

WAYLAND

Longfellow Sports Club

524 Boston Post Road
Wayland, MA 01778
(508)358-7355

WELLESLEY

Boston Sports Clubs

140 Great Plain Avenue
Wellesley, MA 02482
(781)263-5700

WESTFORD

Westford Regency Club

219 Littleton Road
Westford, MA 01886
(978)692-8200

Westford Racquet & Fitness Club

4 Littleton Road
Westford, MA 01886
(978)692-7597

WHITINSVILLE

Whitin Community Center

60 Main Street
Whitinsville, MA 01588
(508)234-8184

WINCHENDON

Wendell P. Clark Memorial YMCA

155 Central Street
Winchendon, MA 01475
(978)297-0869

WORCESTER

Worcester Jewish Community Center

633 Salisbury Street
Worcester, MA 01609
(508)756-7109

YWCA of Central Massachusetts

One Salem Square
Worcester, MA 01608
(508)791-3181

NEW HAMPSHIRE FITNESS CENTERS

EAST HAMPSTEAD

Hampstead Health and Fitness

45 Danville Road
East Hampstead, NH 03826
(603)382-9291

NASHUA

Gold's Gym

522 Amherst Street
Nashua, NH 03063
(603)889-4653

SALEM

Salem Athletic Club

16 Manor Parkway
Salem, NH 03079
(603)893-8612

MERRIMACK

Gold's Gym

515 Daniel Webster Highway
Merrimack, NH 03054
(603)424-6676

RHODE ISLAND FITNESS CENTERS

EAST PROVIDENCE

Healthtrax Fitness & Wellness

15 Catamore Boulevard
East Providence, RI 02914
(401)434-3600

WARWICK

Healthtrax Fitness & Wellness

2191 Post Road
Warwick, RI 02886
(401)732-2413

CONNECTICUT FITNESS CENTERS

ENFIELD

Healthtrax Fitness & Wellness

3 Weymouth Road
Enfield, CT 06082
(860)745-2408

For More Information:

Call Customer Relations at 1-800-701-9000 (TTY 1-800-208-9562) Mon – Fri, 8:00 a.m. – 8:00 p.m. (From Oct 1 – Feb 14 representatives are available 7 days a week 8:00 a.m. – 8:00 p.m.) After hours and on holidays, please leave a message and a representative will return your call on the next business day.

Tufts Health Plan Medicare Preferred is an HMO plan with a Medicare contract. Enrollment in Tufts Health Plan Medicare Preferred depends on contract renewal.
