

# TUFTS MEDICARE PREFERRED HMO PLANS | 2015 Summary of Benefits

This Summary of Benefits covers plans in the following counties in Massachusetts: Barnstable, Bristol, Essex, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, and Suffolk

**Please Note:** Not all plans listed in this Summary of Benefits are available in all of the listed counties above, refer to the premium tables found on pages 25-26 for more details.

Effective January 1, 2015–December 31, 2015 H2256\_2015\_46 Accepted Tufts Medicare Preferred HMO Basic No Rx Tufts Medicare Preferred HMO Basic Rx Tufts Medicare Preferred HMO Value No Rx Tufts Medicare Preferred HMO Value Rx Tufts Medicare Preferred HMO Prime No Rx Tufts Medicare Preferred HMO Prime Rx Tufts Medicare Preferred HMO Prime Rx

> TUFTS **11** Health Plan Medicare Preferred

#### SECTION I INTRODUCTION TO SUMMARY OF BENEFITS

#### You have choices about how to get your Medicare benefits

- One choice is to get your Medicare benefits through Original Medicare (fee-for-service Medicare). Original Medicare is run directly by the Federal government.
- Another choice is to get your Medicare benefits by joining a Medicare health plan (such as Tufts Medicare Preferred HMO).

#### Tips for comparing your Medicare choices

This Summary of Benefits booklet gives you a summary of what Tufts Medicare Preferred HMO covers and what you pay.

- If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on http://www.medicare.gov.
- If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Sections in this booklet

- Things to Know About Tufts Medicare Preferred HMO
- Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services
- Covered Medical and Hospital Benefits
- Prescription Drug Benefits

This document is available in other formats such as Braille and large print.

This document may be available in a non-English language. For additional information, call us at 1-800-701-9000.

Esta información está disponible gratis en otros idiomas. Para obtener información adicional llame nuestro Servicios para Miembros al 1-800-701-9000.

#### Things to Know About Tufts Medicare Preferred HMO

#### **Hours of Operation**

- From October 1 to February 14, you can call us 7 days a week from 8:00 a.m. to 8:00 p.m. Eastern time.
- From February 15 to September 30, you can call us Monday through Friday from 8:00 a.m. to 8:00 p.m. Eastern time.

#### Tufts Medicare Preferred HMO Phone Numbers and Website

- If you are a member of this plan, call toll-free 1-800-701-9000.
- If you are not a member of this plan, call toll-free 1-800-978-2222.
- Our website: tuftsmedicarepreferred.org

## Who can join?

To join Tufts Medicare Preferred HMO, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area.

Our service area includes the following counties in Massachusetts: Barnstable, Bristol, Essex, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, and Suffolk.

## Which doctors, hospitals, and pharmacies can I use?

Tufts Medicare Preferred HMO has a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

You can see our plan's provider directory at our website (tuftsmedicarepreferred.org).

Or, call us and we will send you a copy of the provider directory.

## What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers - and more.

- Our plan members get all of the benefits covered by Original Medicare. For some of these benefits, you may pay more in our plan than you would in Original Medicare. For others, you may pay less.
- Our plan members also get more than what is covered by Original Medicare. Some of the extra benefits are outlined in this booklet.

Tufts Medicare Preferred HMO Basic Rx, Tufts Medicare Preferred HMO Value Rx, Tufts Medicare Preferred HMO Prime Rx, and Tufts Medicare Preferred HMO Prime Rx Plus cover Part D drugs. In addition, all plans cover Part B drugs such as chemotherapy and some drugs administered by your provider.

- You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, tuftsmedicarepreferred.org.
- Or, call us and we will send you a copy of the formulary.

#### How will I determine my drug costs for Tufts Medicare Preferred HMO Basic Rx, Tufts Medicare Preferred HMO Value Rx, Tufts Medicare Preferred HMO Prime Rx, and Tufts Medicare Preferred HMO Prime Rx Plus?

Our plan groups each medication into one of five "tiers." You will need to use your formulary to locate what tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's tier and what stage of the benefit you have reached. Later in this document we discuss the benefit stages that occur after you meet your deductible: Initial Coverage, Coverage Gap, and Catastrophic Coverage.

If you have any questions about this plan's benefits or costs, please contact Tufts Health Plan or Tufts Medicare Preferred for details.

#### SECTION II – SUMMARY OF BENEFITS

## Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services

	Tufts Medicare Preferred HMO Basic No Rx	Tufts Medicare Preferred HMO Basic Rx	
How much is the monthly premium?	Please refer to the Premium/Cost-Sharing Table to find out the premium/cost-sharing in your area.	Please refer to the Premium/Cost-Sharing Table to find out the premium/cost-sharing in your area.	
How much is the deductible?	This plan does not have a deductible.	\$150 per year for Part D prescription drugs.	
Is there any limit on how much I will pay for my covered services?	Yes. Like all Medicare health by having yearly limits on you medical and hospital care. Your yearly limit(s) in this pla • \$3,400 for services you recer If you reach the limit on out-o getting covered hospital and n pay the full cost for the rest of Please note that you will still n monthly premiums.	ar out-of-pocket costs for an: ive from in-network providers. af-pocket costs, you keep nedical services and we will f the year.	
Is there a limit on how much the plan will pay?	Our plan has a coverage limit every year for certain in-network benefits. Contact us for the services that apply.		

Tufts Health Plan Medicare Preferred is an HMO plan with a Medicare contract. Enrollment in Tufts Health Plan Medicare Preferred depends on contract renewal.

Tufts Medicare Preferred HMO Value No Rx	Tufts Medicare Preferred HMO Value Rx	Tufts Medicare Preferred HMO Prime No Rx	Tufts Medicare Preferred HMO Prime Rx	Tufts Medicare Preferred HMO Prime Rx Plus	
		1			
	nium/Cost-Sharing Table		Please refer to the Premium/Cost-Sharing Table		
-	emium/cost-sharing ur area.	to I	find out the premium/cost-sh in your area.	aring	
	t have a deductible.	Thi	s plan does not have a deduc	ctible.	
Yes. Like all Medicare health by having yearly limits on you medical and hospital care.		Yes. Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.		· ·	
Your yearly limit(s) in this plan: • \$3,400 for services you receive from in-network providers.		Your yearly limit(s) in this plan: • \$3,400 for services you receive from in-network providers.			
If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.		If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.			
Please note that you will still r monthly premiums.	Please note that you will still need to pay your monthly premiums.		Please note that you will still need to pay your monthly premiums.		
-	erage limit every year	-	plan has a coverage limit eve		
	network benefits.	for certain in-network benefits.			
Contact us for the	services that apply.	Cor	ntact us for the services that	аррту.	

OUTPATIENT CARE AND SERVICES			
	Tufts Medicare Preferred HMO Basic No Rx	Tufts Medicare Preferred HMO Basic Rx	
Acupuncture and Other Alternative Therapies	Not C	Covered	
Ambulance		copay lies per day.	
Chiropractic Care <sup>2</sup>	(when 1 or more of the bones of \$15	ne to correct a subluxation your spine move out of position): copay lies per visit	
Dental Services	Copay applies per visit. Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth): \$30 copay		
		lies per visit.	
Diabetes Supplies and Services <sup>2</sup>	Diabetes monitoring supplies: You pay nothing		
	Ŭ	t training: You pay nothing	
	1	nserts: You pay nothing	
		eceive other medical services	
	0	me office visit.	
	1	self-management training only.	
Diagnostic Tests, Lab and Padiology Services, and X Pays	<b>e e</b> , <b>(</b>	ch as MRIs, CT scans): \$150 copay	
Radiology Services, and X-Rays		cedures: You pay nothing	
		You pay nothing	
		s: You pay nothing	
	1	diology services	
		for cancer): You pay nothing	
	Copay app	lies per day.	

Tufts Medicare Preferred HMO Value No Rx	Tufts Medicare Preferred HMO Value Rx	Tufts Medicare Preferred HMO Prime No Rx	Tufts Medicare Preferred HMO Prime Rx	Tufts Medicare Preferred HMO Prime Rx Plus
Not Co	Not Covered		Not Covered	
\$100	copay		\$50 copay	
Copay appl	ies per day.		Copay applies per day.	
Manipulation of the spin (when 1 or more of the bones of \$15 c Copay appl	your spine move out of position): copay	1	on of the spine to correct a s f the bones of your spine mo \$15 copay Copay applies per visit.	
Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth): \$20 copay		Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth): \$15 copay		
Copay applies per visit.		Copay applies per visit.		
Diabetes monitoring supplies: You pay nothing		Diabetes monitoring supplies: You pay nothing		
Diabetes self-management	training: You pay nothing	Diabetes self-management training: You pay nothing		
Therapeutic shoes or in	serts: You pay nothing	Therapeutic shoes or inserts: You pay nothing		
Copay may apply if you rec during the sam		1 5 5	pply if you receive other me during the same office visit.	
Referral required for diabetes s	self-management training only.	Referral required	d for diabetes self-manageme	ent training only.
Diagnostic radiology services (suc	ch as MRIs, CT scans): \$75 copay	Diagnostic radiology services (such as MRIs, CT scans): 20% of the cost		cans): 20% of the cost
Diagnostic tests and proc	edures: You pay nothing	Diagnostic tests and procedures: You pay nothing		bay nothing
Lab services: Y	ou pay nothing	Lab services: You pay nothing		g
Outpatient X-rays	: You pay nothing	Outpatient X-rays: You pay nothing		hing
Therapeutic rac		Therapeutic radiology services		
· ·	for cancer): You pay nothing	(such as radiation treatment for cancer): You pay nothing		
Copay appl	ies per day.	Vou will not new more	Copay applies per day. e than \$75 per day for diagno	stic radiology services

	Tufts Medicare Preferred HMO Basic No Rx	Tufts Medicare Preferred HMO Basic Rx		
Doctor's Office Visits <sup>2</sup>	Primary care physician visit: \$0-1	5 copay, depending on the service		
	Specialist vis	sit: \$30 copay		
		ore you receive services from n a referral from your PCP.		
Durable Medical Equipment	20% of	the cost		
(wheelchairs, oxygen, etc.) <sup>1</sup>	members who have a functional will improve safety: • Standard raised toilet seat: 1 pe • Standard bathroom grab bars: 2	Items covered by the plan: Bathroom safety equipment for members who have a functional impairment when having the item		
Emergency Care	\$65 0	copay		
	Copay applies per visit. Your plan includes worldwide coverage for emergency care.			
Foot Care (podiatry services) <sup>2</sup>		if you have diabetes-related vertain conditions: \$30 copay		
	Copay appl	ies per visit.		
Hearing Services <sup>2</sup>	Exam to diagnose and treat hearing and balance issues: \$30 copay			
	Routine hearing exam (for up	Routine hearing exam (for up to 1 every year): \$30 copay		
	1 2 11	ies per visit. routine hearing exams.		
Home Health Care	You pay	v nothing		

NOTE: Services with a <sup>1</sup> may require prior authorization   Services with a <sup>2</sup> may require a referral from your doctor							
Tufts Medicare Preferred HMO Value No Rx	Tufts Medicare Preferred HMO Value Rx	Tufts Medicare Preferred HMO Prime No RxTufts Medicare Preferred HMO Prime RxTufts Medicare Preferred HMO Prime Rx					
Primary care physician visit: \$0-1	5 copay, depending on the service	Primary care physician visit: \$0-10 copay, depending on the service					
Specialist vis	sit: \$20 copay		Specialist visit: \$15 copay				
	ore you receive services from in a referral from your PCP.	1 2 11	per visit. Before you receive you must obtain a referral fro				
10% of	f the cost		10% of the cost				
Items covered by the plan: Bathroom safety equipment for members who have a functional impairment when having the item will improve safety: • Standard raised toilet seat: 1 per member per lifetime • Standard bathroom grab bars: 2 per member per lifetime • Standard tub seat: 1 per member per lifetime		Items covered by the plan: Bathroom safety equipment for members who have a functional impairment when having the item will improve safety: • Standard raised toilet seat: 1 per member per lifetime • Standard bathroom grab bars: 2 per member per lifetime • Standard tub seat: 1 per member per lifetime					
\$65 copay		\$65 copay					
Copay applies per visit. Your plan includes worldwide coverage for emergency care.		Copay applies per visit. Your plan includes worldwide coverage for emergency care.					
	if you have diabetes-related vertain conditions: \$20 copay	Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions: \$15 copay					
Copay appl	ies per visit.		Copay applies per visit.				
-	hearing and balance issues: copay	Exam to diag	nose and treat hearing and b \$15 copay	alance issues:			
Routine hearing exam (for up	p to 1 every year): \$20 copay	Routine hearing exam (for up to 1 every year): \$15 copay		ear): \$15 copay			
1 9 11	ies per visit. routine hearing exams.	Copay applies per visit. No referral required for routine hearing exams.					
You pay	v nothing		You pay nothing				

	Tufts Medicare Preferred HMO Basic No Rx	Tufts Medicare Preferred HMO Basic Rx		
Mental Health Care <sup>2</sup>	Inpatient visit: Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital.	Inpatient visit: Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital.		
	Our plan covers 90 days for an inpatient hospital stay.	Our plan covers 90 days for an inpatient hospital stay.		
	Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days. • \$250 copay per day for days 1 through 5 • You pay nothing per day for days 6 through 90	<ul> <li>Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover.</li> <li>If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.</li> <li>\$225 copay per day for days 1 through 5</li> <li>You pay nothing per day for days 6 through 90</li> </ul>		
	Outpatient group therapy visit: \$30 copay	Outpatient group therapy visit: \$30 copay		
	Outpatient individual therapy visit: \$30 copay Outpatient copay applies per visit.	Outpatient individual therapy visit: \$30 copay Outpatient copay applies per visit.		
Outpatient Rehabilitation <sup>2</sup>	sessions per day for up to a You pay	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks): You pay nothing Occupational therapy visit: \$30 copay		
	Physical therapy and speech	h and language therapy visit: nding on the service		
	Copay appl	Copay applies per visit.		
	Speech therapy	visit: \$30 copay.		
	Physical th	nerapy visit:		
	1.	y for visits 1-6		
	• \$30 cop	\$30 copay for visits 7 and beyond		

Tufts Medicare Preferred HMO Value No Rx	Tufts Medicare Preferred HMO Value Rx	Tufts Medicare Preferred HMO Prime No Rx	Tufts Medicare Preferred HMO Prime Rx	Tufts Medicare Preferred HMO Prime Rx Plus
Inpatient visit: Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital. Our plan covers 90 days for an inpatient hospital stay. Our plan also covers 60 "lifetime reserve days."		Inpatient visit: Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital. Our plan covers 90 days for an inpatient hospital stay. Our plan also covers 60 "lifetime reserve days."		sychiatric re limit services l. rve days."
These are "extra" If your hospital stay is I can use these extra da used up these extra 6 hospital coverage will • \$170 copay per day • You pay nothing per Outpatient group the	<ul> <li>These are "extra" days that we cover.</li> <li>If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.</li> <li>\$170 copay per day for days 1 through 5</li> <li>You pay nothing per day for days 6 through 90 Outpatient group therapy visit: \$20 copay</li> </ul>		These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days. • \$200 copay per stay Outpatient group therapy visit: \$15 copay Outpatient individual therapy visit: \$15 copay Outpatient copay applies per visit. You will not pay more than \$400	
Cardiac (heart) rehab services sessions per day for up to 3 You pay Occupational thera Physical therapy and speech \$0-20 copay, depen	(for a maximum of 2 one-hour 66 sessions up to 36 weeks): 7 nothing py visit: \$20 copay and language therapy visit: ading on the service ies per visit.	): sessions per day for up to 36 sessions up to 36 weeks): You pay nothing Occupational therapy visit: \$15 copay		um of 2 one-hour to 36 weeks): copay e therapy visit:
Speech therapy visit: \$20 copay. Physical therapy visit: • \$0 copay for visits 1-6 • \$20 copay for visits 7 and beyond		Speech therapy visit: \$15 copay. Physical therapy visit: • \$0 copay for visits 1-6 • \$15 copay for visits 7 and beyond		

## NOTE: Services with a <sup>1</sup> may require prior authorization | Services with a <sup>2</sup> may require a referral from your doctor

	Tufts Medicare Preferred HMO Basic No Rx	Tufts Medicare Preferred HMO Basic Rx		
Outpatient Substance Abuse <sup>2</sup>	Group therapy	visit: \$30 copay		
	Individual therap	y visit: \$30 copay		
	Copay appl	ies per visit.		
Outpatient Surgery <sup>2</sup>	Ambulatory surgica	l center: \$200 copay		
	Outpatient hosp	vital: \$200 copay		
	Copay appl	ies per visit.		
		sultation for Physical or		
	Occupational therap	by prior to discharge.		
Over-the-Counter Items	Not co	overed		
Prosthetic Devices	Prosthetic device:	s: 20% of the cost		
$(braces, artificial limbs, etc.)^1$	Related medical supplies: You pay nothing			
	The following additional items are covered by the plan:			
	<ul> <li>Gradient compression stockings or surgical stockings;</li> </ul>			
	or Mastectomy sleeves for members with upper limb			
		<ul><li>lymphedema: up to 2 pair every 6 months</li><li>Wigs for members who experience hair loss due to</li></ul>		
	• wigs for members who excancer treatment: up to \$3	1		
	-			
Renal Dialysis	You pay	/ nothing		
Transportation	Not co	overed		
Urgent Care	\$15-65 copay, depe	nding on the service		
	Copay applies per visit.			
	Urgently needed care may	Urgently needed care may be furnished by in-network		
		ork providers when network		
		unavailable or inaccessible.		
	-	worldwide coverage		
	for urgently	for urgently needed care.		

IOTE: Services with a <sup>1</sup> may require prior authorization   Services with a <sup>2</sup> may require a referral from your doctor						
Tufts Medicare Preferred HMO Value No RxTufts Medicare Preferred HMO Value RxTufts Medicare Preferred HMO Prime No RxTufts Medicare Preferred HMO Prime RxTufts Medicare Preferred HMO Prime Rx						
Group therapy visit: \$20 copay		0	Froup therapy visit: \$15 copa	hy		
Individual therap	y visit: \$20 copay	Ind	ividual therapy visit: \$15 co	pay		
Copay appl	ies per visit.		Copay applies per visit.			
Ambulatory surgica	l center: \$150 copay	Ambu	latory surgical center: \$100	copay		
Outpatient hosp	oital: \$150 copay	0	utpatient hospital: \$100 cop	ay		
\$0 for a 15 minute con	ies per visit. sultation for Physical or by prior to discharge.		Copay applies per visit. 15 minute consultation for Ploational therapy prior to disc	•		
Not c	overed		Not covered			
Prosthetic devices: 10% of the cost		Prosthetic devices: 10% of the cost				
Related medical supp	olies: You pay nothing	Related medical supplies: You pay nothing				
<ul> <li>The following additional items are covered by the plan:</li> <li>Gradient compression stockings or surgical stockings; or Mastectomy sleeves for members with upper limb lymphedema: up to 2 pair every 6 months</li> <li>Wigs for members who experience hair loss due to cancer treatment: up to \$350 per calendar year</li> </ul>		<ul> <li>The following additional items are covered by the plan:</li> <li>Gradient compression stockings or surgical stockings; or Mastectomy sleeves for members with upper limb lymphedema: up to 2 pair every 6 months</li> <li>Wigs for members who experience hair loss due to cancer treatment: up to \$350 per calendar year</li> </ul>		ical stockings; h upper limb hs loss due to		
You pay	v nothing	You pay nothing				
Not c	overed	Not covered				
\$15-65 copay, depe	nding on the service	\$10-65 copay, depending on the service		ervice		
Copay appl	ies per visit.	Copay applies per visit.				
Urgently needed care may be furnished by in-network providers or by out-of-network providers when network providers are temporarily unavailable or inaccessible. Your plan includes worldwide coverage for urgently needed care.		Urgently needed care may be furnished by in-network providers or by out-of-network providers when network providers are temporarily unavailable or inaccessible. Your plan includes worldwide coverage for urgently needed care.		when network inaccessible.		

Tufts Medicare Preferred HMO Basic No Rx	Tufts Medicare Preferred HMO Basic Rx				
Exam to diagnose and treat of the eye (including yearly \$0 - 30 copay, depend	y glaucoma screening):				
Routine eye exam (for up to	Routine eye exam (for up to 1 every year): \$30 copay				
Contact lenses: Yo	ou pay nothing				
Eyeglasses (frames and len	ises): You pay nothing				
Eyeglasses or contact lenses You pay no					
Our plan pays up to \$150 every eyeglasses (frame					
provider in order to receive the cover You must purchase your glasses provider in order to receive the	Copay applies per visit. You must use an EyeMed Vision Care provider in order to receive the covered Routine Eye Exam benefit. You must purchase your glasses or contacts from an EyeMed provider in order to receive the \$150 per year allowance. Otherwise, the benefit will be limited to \$90 per year.				
You pay nothing					
Our plan covers many preventive services, including:         • Abdominal aortic aneurysm screening         • Alcohol misuse counseling         • Bone mass measurement         • Breast cancer screening (mammogram)         • Cardiovascular disease (behavioral therapy)         • Cardiovascular screenings         • Cervical and vaginal cancer screening         • Colonoscopy         • Colorectal cancer screenings         • Depression screenings         • Diabetes screenings         • Fecal occult blood test					
	HMO Basic No Rx           Exam to diagnose and treat of the eye (including yearly \$0 - 30 copay, depend Routine eye exam (for up to Contact lenses: Yo Eyeglasses (frames and ler Eyeglasses or contact lense You pay n           Our plan pays up to \$150 every eyeglasses (frame Copay applies per visit. You mus provider in order to receive the cov You must purchase your glasses provider in order to receive the Otherwise, the benefit will be You pay nothing           Our plan covers many preve           Abdominal aortic aneurysm           Alcohol misuse counseling Bone mass measurement           Breast cancer screening (m Cardiovascular disease (be Cardiovascular screening Colonectal cancer screening Depression screening           Diabetes screenings				

Tufts Medicare Preferred HMO Value No Rx	Tufts Medicare Preferred HMO Value Rx	Tufts Medicare Preferred HMO Prime No Rx	Tufts Medicare Preferred HMO Prime Rx	Tufts Medicare Preferred HMO Prime Rx Plus
e	nose and treat diseases and conditions ncluding yearly glaucoma screening): Exam to diagnose and treat d of the eye (including yearly		agnose and treat diseases and (including yearly glaucoma	
,	ending on the service		5 copay, depending on the s	0,
Routine eye exam (for up	to 1 every year): \$20 copay	Routine eye	exam (for up to 1 every year	r): \$15 copay
Contact lenses:	You pay nothing	C	ontact lenses: You pay nothi	ng
Eyeglasses (frames and	lenses): You pay nothing	Eyeglasses	s (frames and lenses): You p	ay nothing
Eyeglasses or contact len	ses after cataract surgery:	Eyeglasses	or contact lenses after catara	act surgery:
You pay	y nothing		You pay nothing	
Our plan pays up to \$150 even	ery year for contact lenses and	Our plan pays u	up to \$150 every year for con	ntact lenses and
eyeglasses (fran	mes and lenses).	e	yeglasses (frames and lenses	.).
Copay applies per visit. You must use an EyeMed Vision Care		Copay applies per visit. You must use an EyeMed Vision Care		
provider in order to receive the covered Routine Eye Exam benefit.		provider in order to receive the covered Routine Eye Exam benefit.		5
	es or contacts from an EyeMed	You must purchase your glasses or contacts from an EyeMed		
1	the \$150 per year allowance.	provider in order to receive the \$150 per year allowance. Otherwise, the benefit will be limited to \$90 per year.		
	be limited to \$90 per year.	You pay nothing		
You pay nothing		1 2	0	
1 91	eventive services, including:	Our plan covers many preventive services, including: • Abdominal aortic aneurysm screening		es, including:
<ul> <li>Abdominal aortic aneury</li> <li>Alcohol misuse counseli</li> </ul>	6		,	
Bone mass measurement	e	<ul><li>Alcohol misuse counseling</li><li>Bone mass measurement</li></ul>		
Breast cancer screening		Breast cancer screening (mammogram)		)
• Cardiovascular disease (	behavioral therapy)	• Cardiovascular disease (behavioral therapy)		rapy)
<ul> <li>Cardiovascular screening</li> </ul>	-	Cardiovascular screenings		
• Cervical and vaginal can	ncer screening	• Cervical and vaginal cancer screening		
Colonoscopy     Colonostol concernation		• Colonoscopy		
<ul><li>Colorectal cancer screen</li><li>Depression screening</li></ul>	lings	<ul><li>Colorectal cancer screenings</li><li>Depression screening</li></ul>		
Depression screening     Diabetes screenings		Depression screening     Diabetes screenings		
Fecal occult blood test		Fecal occult blood test		
• Flexible sigmoidoscopy		Flexible sigmoidoscopy		

#### NOTE: Services with a <sup>1</sup> may require prior authorization | Services with a <sup>2</sup> may require a referral from your doctor

	Tufts Medicare Preferred HMO Basic No Rx	Tufts Medicare Preferred HMO Basic Rx		
Preventive Care continued	<ul> <li>Tobacco use cessar with no sign of tob</li> <li>Vaccines, includin Pneumococcal sho</li> </ul>	and counseling eenings (PSA) ed infections screening and counseling tion counseling (counseling for people bacco-related disease) g Flu shots, Hepatitis B shots, ts icare" preventive visit (one-time)		
	Any additional preventive services approved by Medicare during the contract year will be covered.			
Hospice	You pay nothing for hospice care fi You may have to pay part of the	1		

## **INPATIENT CARE**

Inpatient Hospital Care	Our plan covers an unlimited number of days for an inpatient hospital stay. • \$250 copay per day for days 1 through 5 • You pay nothing per day for days 6 through 90 • You pay nothing per day for days 91 and beyond	Our plan covers an unlimited number of days for an inpatient hospital stay. • \$225 copay per day for days 1 through 5 • You pay nothing per day for days 6 through 90 • You pay nothing per day for days 91 and beyond		
Inpatient Mental Health Care	For inpatient mental health care, see the "Mental Health Care" section of this booklet.			
Skilled Nursing Facility (SNF)	Our plan covers up to 100 days in a SNF. • \$40 copay per day for days 1 through 20 • \$100 copay per day for days 21 through 44 • \$0 copay per day for days 45 through 100			

NOTE: Services with a <sup>1</sup> may r	equire prior authorization   Se	Services with a <sup>2</sup> may require a referral from your doctor				
Tufts Medicare Preferred HMO Value No Rx	Tufts Medicare Preferred HMO Value Rx	Tufts Medicare Preferred HMO Prime No Rx	Tufts Medicare Preferred HMO Prime Rx	Tufts Medicare Preferred HMO Prime Rx Plus		
<ul> <li>Tobacco use cessation cou with no sign of tobacco-re</li> <li>Vaccines, including Flu sh Pneumococcal shots</li> <li>"Welcome to Medicare" p</li> <li>Yearly "Wellness" visit</li> </ul>	nseling (PSA) tions screening and counseling inseling (counseling for people lated disease) nots, Hepatitis B shots, reventive visit (one-time) ervices approved by Medicare	<ul> <li>HIV screening</li> <li>Medical nutrition therapy services</li> <li>Obesity screening and counseling</li> <li>Prostate cancer screenings (PSA)</li> <li>Sexually transmitted infections screening and counseling</li> <li>Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)</li> <li>Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots</li> <li>"Welcome to Medicare" preventive visit (one-time)</li> <li>Yearly "Wellness" visit</li> <li>Any additional preventive services approved by Medicare during the contract year will be covered.</li> </ul>				
	from a Medicare-certified hospice. e cost for drugs and respite care.	1,5 0	r hospice care from a Medica pay part of the cost for drug	1		
1 2 0 1	stay.	for an inpati • \$200 copa • You pay n You will no	vers an unlimited number of ent hospital stay. y per stay othing per day for days 91 a t pay more than \$400 for inp ered services in a calendar y	nd beyond patient		
For inpatient me see the "Mental Health Ca		For inpatient mental health care, see the "Mental Health Care" section of this booklet.				
Our plan covers up to 10 • \$30 copay per day for • \$60 copay per day for • \$0 copay per day for d	days 1 through 20 days 21 through 44	Our plan covers up to 100 days in a SNF. • \$20 copay per day for days 1 through 20 • \$0 copay per day for days 21 through 100				

NOTE: Services with a <sup>1</sup> may require prior authorization | Services with a <sup>2</sup> may require a referral from your doctor

#### PRESCRIPTION DRUG BENEFITS

	Tufts Medicare Preferred HMO Basic No Rx	Tufts Medicare Preferred HMO Basic Rx	Tufts Medicare Preferred HMO Value No Rx
How much do I pay?			
	For Part B drugs such as chemotherapy drugs <sup>1</sup> : You pay nothing	For Part B drugs such as chemotherapy drugs <sup>1</sup> : You pay nothing	For Part B drugs such as chemotherapy drugs <sup>1</sup> : You pay nothing
	Other Part B drugs <sup>1</sup> : You pay nothing	Other Part B drugs <sup>1</sup> : You pay nothing	Other Part B drugs <sup>1</sup> : You pay nothing
	Our plan does not cover Part D prescription drugs		Our plan does not cover Part D prescription drugs.
Initial Coverage			
		After you pay your yearly deductible, you pay the following until your total yearly drug costs reach \$2,960. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.	
		You may get your drugs at network retail pharmacies and mail order pharmacies.	

# Standard Retail Cost-Sharing

Tier	One-month supply	Two-month supply	Three-month supply
Tier 1 (Preferred Generic)	\$4 copay	\$8 copay	\$12 copay
Tier 2 (Non-Preferred Generic)	\$8 copay	\$16 copay	\$24 copay
Tier 3 (Preferred Brand)	\$45 copay	\$90 copay	\$135 copay
Tier 4 (Non-Preferred Brand)	\$95 copay	\$190 copay	\$285 copay
Tier 5 (Specialty Tier)		29% of the cos	t

Tufts Medicare Preferred	Tufts Medicare Preferred	Tufts Medicare Preferred	Tufts Medicare Preferred
HMO Value Rx	HMO Prime No Rx	HMO Prime Rx	HMO Prime Rx Plus
For Part B drugs such as	For Part B drugs such as	For Part B drugs such as	For Part B drugs such as
chemotherapy drugs <sup>1</sup> :	chemotherapy drugs <sup>1</sup> :	chemotherapy drugs <sup>1</sup> :	chemotherapy drugs <sup>1</sup> :
You pay nothing	You pay nothing	You pay nothing	You pay nothing
Other Part B drugs <sup>1</sup> : You pay nothing	Other Part B drugs <sup>1</sup> : You pay nothing Our plan does not cover Part D prescription drug	Other Part B drugs <sup>1</sup> : You pay nothing	Other Part B drugs <sup>1</sup> : You pay nothing
After you pay your yearly		After you pay your yearly	After you pay your yearly
leductible, you pay the following		deductible, you pay the following	deductible, you pay the followin
until your total yearly drug costs		until your total yearly drug costs	until your total yearly drug costs
reach \$2,960. Total yearly drug		reach \$2,960. Total yearly drug	reach \$2,960. Total yearly drug
costs are the total drug costs paid		costs are the total drug costs paid	costs are the total drug costs paid
by both you and our Part D plan.		by both you and our Part D plan.	by both you and our Part D plan
You may get your drugs		You may get your drugs	You may get your drugs
at network retail pharmacies		at network retail pharmacies	at network retail pharmacies
and mail order pharmacies.		and mail order pharmacies.	and mail order pharmacies.

NOTE: Services with a <sup>1</sup> may require prior authorization | Services with a <sup>2</sup> may require a referral from your doctor

One-month supply	Two-month supply	Three-month supply	One-m supp		Two-month supply	Three-month supply	One-month supply	Two-month supply	Three-month supply
\$4 copay	\$8 copay	\$12 copay	\$4 cc	opay	\$8 copay	\$12 copay	\$2 copay	\$4 copay	\$6 copay
\$8 copay	\$16 copay	\$24 copay	\$8 cc	opay	\$16 copay	\$24 copay	\$5 copay	\$10 copay	\$15 copay
\$45 copay	\$90 copay	\$135 copay	\$45 c	copay	\$90 copay	\$135 copay	\$30 copay	\$60 copay	\$90 copay
\$95 copay	\$190 copay	\$285 copay	\$95 c	copay	\$190 copay	\$285 copay	\$80 copay	\$160 copay	\$240 copay
	33% of the co	st		33	3% of the cos	st	3	3% of the co	st

Tufts Medicare Preferred HMO	Tufts Medicare Preferred HMO	Tufts Medicare Preferred HMO
Basic No Rx	Basic Rx	Value No Rx

# Initial Coverage continued

# Standard Mail Order Cost-Sharing

Tier	One-month supply	Two-month supply	Three-month supply	
Tier 1 (Preferred Generic)	\$3 copay	\$7 copay	\$10 copay	
Tier 2 (Non-Preferred Generic)	\$7 copay	\$14 copay	\$21 copay	
Tier 3 (Preferred Brand)	\$45 copay	\$90 copay	\$135 copay	
Tier 4 (Non-Preferred Brand)	\$95 copay	\$190 copay	\$285 copay	
Tier 5 (Specialty Tier)		29% of the cos	t	
		If you reside in a long-term care facility, you pay the same as at a retail pharmacy.		
	You may get drugs from an out-of-network pharmacy, but may pay more than you pay at an in-network pharmacy.			
	During this stage, the plan pays its share of the cost of your Tier 1 and Tier 2 drugs and you pay your share of the cost. After you have met your annual \$150 Tier 3, Tier 4, and Tier 5 deductible, the plan pays its share of the cost of your Tier 3, Tier 4, and Tier 5 drugs and you pay your share.			

Tufts Medicare Preferred HMO Value RxTufts Medicare Preferred HMO Prime No Rx	Tufts Medicare Preferred HMO Prime Rx	Tufts Medicare Preferred HMO Prime Rx Plus
-------------------------------------------------------------------------------------	------------------------------------------	-----------------------------------------------

One-month supply	Two-month supply	Three-month supply	One-month supply	Two-month supply	Three-month supply	One-month supply	Two-month supply	Three-month supply
\$3 copay	\$7 copay	\$10 copay	\$3 copay	\$7 copay	\$10 copay	\$2 copay	\$3 copay	\$5 copay
\$7 copay	\$14 copay	\$21 copay	\$7 copay	\$14 copay	\$21 copay	\$4 copay	\$8 copay	\$12 copay
\$45 copay	\$90 copay	\$135 copay	\$45 copay	\$90 copay	\$135 copay	\$30 copay	\$60 copay	\$90 copay
\$95 copay	\$190 copay	\$285 copay	\$95 copay	\$190 copay	\$285 copay	\$80 copay	\$160 copay	\$240 copay
	33% of the co	st		33% of the co	st	-	33% of the co	ost
facility at a You m out-of but may	ide in a long- you pay the retail pharma ay get drugs f -network pha- pay more than n-network pha-	same as acy. from an rmacy, 1 you pay	facility at You r out-o but may	eside in a long- y, you pay the a retail pharma nay get drugs f f-network pha pay more than in-network pha	same as acy. from an rmacy, n you pay	facility at a You m out-of but may	side in a long- , you pay the a retail pharma ay get drugs f f-network pha pay more than n-network pha	same as acy. from an rmacy, n you pay

	Tufts Medicare Preferred HMO Basic No Rx	Tufts Medicare Preferred HMO Basic Rx	Tufts Medicare Preferred HMC Value No Rx
Coverage Gap			
		Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means that there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost including what our plan has paid and what you have paid) reaches \$2,960. After you enter the coverage gap, you pay 45% of the plan's cost for covered brand name drugs and 65% of the plan's cost for covered generic drugs until your costs total \$4,700, which is the end of the coverage gap. Not everyone will enter the coverage gap.	

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After you enter the coverage gap, you pay 45% of the plan's cost for covered brand name drugs and 65% of the plan's cost for covered generic drugs until your costs total \$4,700, which is the end of the coverage gap. Not everyone will enter the coverage gap.

Under this plan, you may pay even less for the brand and generic drugs on the formulary. Your cost varies by tier. You will need to use your formulary to locate your drug's tier. See the chart that follows to find out how much it will cost you.

Tufts Medicare Preferred HMO	Tufts Medicare Preferred HMO	Tufts Medicare Preferred HMO
Basic No Rx	Basic Rx	Value No Rx

# Catastrophic Coverage

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$4,700, you pay the greater of: • 5% of the cost, or • \$2.65 copay for generic (including brand drugs treated as generic) and a \$6.60 copayment for all other drugs.	

Tufts Medicare Preferred HMO Value Rx	Tufts Medicare Preferred HMO Prime No Rx	Tufts Medicare Preferred HMO Prime Rx		Medicare Pre 10 Prime Rx 1	
			Standard Re Tier Drugs (	etail Cost-Sh Covered	aring
			Tier 1 (Preferred Generic) All		c) All
			One-month supply	Two-month supply	Three-month supply
			\$2 copay	\$4 copay	\$6 copay
			Tier 2 (Non-Preferred Generic) All		
			\$5 copay	\$10 copay	\$15 copay
			Standard Mail Order Cost-Sharing Tier Drugs Covered		
			Tier 1 (Preferred Generic) All		
			One-month supply	Two-month supply	Three-month supply
			\$2 copay	\$3 copay	\$5 copay
			Tier 2 (Non-Preferred Generic) All		
			\$4 copay	\$8 copay	\$12 copay

After your yearly out-of-pocket drug	After your yearly out-of-pocket drug	After your yearly out-of-pocket drug
costs (including drugs purchased	costs (including drugs purchased	costs (including drugs purchased
through your retail pharmacy and	through your retail pharmacy and	through your retail pharmacy and
through mail order)	through mail order)	through mail order)
reach \$4,700, you pay the greater of:	reach \$4,700, you pay the greater of:	reach \$4,700, you pay the greater of:
• 5% of the cost, or	• 5% of the cost, or	• 5% of the cost, or
• \$2.65 copay for generic (including	• \$2.65 copay for generic (including	• \$2.65 copay for generic (including
brand drugs treated as generic) and	brand drugs treated as generic) and	brand drugs treated as generic) and
a \$6.60 copayment for all other drugs.	a \$6.60 copayment for all other drugs.	a \$6.60 copayment for all other drugs.

## Tufts Medicare Preferred HMO Premium/Cost Sharing Table

Below is a Premium Table by county for the Tufts Medicare Preferred HMO plans. You must live in one of these areas to join this plan. To use this table, find your county of residence. Then you can compare the premium costs for each of the seven Tufts Medicare Preferred HMO plans that are listed in Section 2 (pages 3-24)\* You must continue to pay your Medicare Part B premium if not otherwise paid for under Medicaid or by a third party.

Plan Premiums by County	Plan premiums*	
Bristol, Barnstable, Middlesex, Norfolk and Plymouth		
Tufts Medicare Preferred HMO Basic No Rx	N/A	
Tufts Medicare Preferred HMO Basic Rx	\$35.90	
Tufts Medicare Preferred HMO Value No Rx	\$96.00	
Tufts Medicare Preferred HMO Value Rx	\$120.30	
Tufts Medicare Preferred HMO Prime No Rx	\$130.00	
Tufts Medicare Preferred HMO Prime Rx	\$154.40	
Tufts Medicare Preferred HMO Prime Rx Plus	\$188.20	

Plan Premiums by County	Plan premiums*	
Hampden and Hampshire		
Tufts Medicare Preferred HMO Basic No Rx	N/A	
Tufts Medicare Preferred HMO Basic Rx	\$0	
Tufts Medicare Preferred HMO Value No Rx	\$22.00	
Tufts Medicare Preferred HMO Value Rx	\$46.30	
Tufts Medicare Preferred HMO Prime No Rx	\$52.00	
Tufts Medicare Preferred HMO Prime Rx	\$76.40	
Tufts Medicare Preferred HMO Prime Rx Plus	\$110.20	
Suffolk and Essex		
Tufts Medicare Preferred HMO Basic No Rx	\$34.00	
Tufts Medicare Preferred HMO Basic Rx	\$55.90	
Tufts Medicare Preferred HMO Value No Rx	\$117.00	
Tufts Medicare Preferred HMO Value Rx	\$141.30	
Tufts Medicare Preferred HMO Prime No Rx	\$154.00	
Tufts Medicare Preferred HMO Prime Rx	\$178.40	
Tufts Medicare Preferred HMO Prime Rx Plus	\$212.20	

<sup>\*</sup> You must continue to pay your Medicare Part B premium if not otherwise paid for under Medicaid or by a third party.

## SECTION III Additional Information About Tufts Medicare Preferred HMO Plans

#### **Referral Circles**

Your PCP works with certain plan specialists, called a "referral circle," to provide the medical care you need. Your PCP will provide most of your care and will help arrange the rest of the covered services you get as a plan member. In most cases, you must get a referral from your PCP before you see any other health care provider. This means you will not have access to the entire Tufts Medicare Preferred HMO network, except in emergency or urgent care situations or for out-of-area renal dialysis.

#### Wellness & Weight Management Programs

The plan provides a \$150 annual wellness allowance toward health club memberships, nutritional counseling, or fitness classes like Pilates, Tai Chi, or aerobics, and wellness programs, including memory fitness activities.

The plan also provides a \$150 annual weight management allowance towards program fees for weight loss programs such as WeightWatchers, Jenny Craig, Nutrisystem, or a hospital-based weight loss program.

## **Limitations and Exclusions**

The benefits listed in this document may be subject to limitations and exclusions. When you become a member of a Tufts Medicare Preferred HMO plan, you will receive an Evidence of Coverage book that explains all the limitations and exclusions.

#### **Multi-language Interpreter Services**

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-800-701-9000. Someone who speaks English can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-800-701-9000. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

## Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电 1-800-701-9000. 我们的中文工作人员很乐意帮助您。这是一项免费服务。

## Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯服務。如需翻譯服務,請致電 1-800-701-9000. 我們 講中文的人員將樂意為您提供幫助。這是一項免費服務.

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-800-701-9000. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurancemédicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-800-701-9000. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-800-701-9000 sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí .

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-800-701-9000. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려 면 전화1-800-701-9000번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다. **Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-800-701-9000. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: كيل ع سيل ،يروف مجرتم ىل ع لوص حلل ان يدل ةي ودأل الودج وأ ةحص لاب قل عتت قلئ سأ يأ ن ع قب اج إل في ناجملا يروف ا مجرتم ما تامدخ مدقن ان إ ان يون الخيل عسي ، يروف مجرتم على المحرتم الما يروف ال عوس المع سيل ، يروف مجرتم عن ان يون ان إ عن المحت المع موت المحت ا

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके कसीि भी प्रश्न के जवाब देने के लएि हमारे पास मुफ्त दुभाषयिा सेवाएँ उपलब्ध हैं. एक दुभाषयिा प्राप्त करने के लएि, बस हमें 1-800-701-9000 पर फोन करें. कोई व्यक्तजोि हनि्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-800-701-9000. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portugués:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-800-701-9000. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-800-701-9000. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-800-701-9000. Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがありますございます。 通訳をご用命になるには、1-800-701-9000にお電話ください。日本語を話す人 者 が支援いたします。これは無料のサービスです。

# **QUESTIONS?**

# Call 1-800-978-2222 // TTY 1-888-899-8977

Representatives are available Monday – Friday, 8 a.m. – 8 p.m. (From October 1 – February 14, representatives are available 7 days a week, 8 a.m. – 8 p.m.). After hours and on holidays, please leave a message and a representative will return your call on the next business day.

# VISIT US AT: www.thpmp.org

Tufts Health Plan Medicare Preferred is an HMO plan with a Medicare contract. Enrollment in Tufts Health Plan Medicare Preferred depends on contract renewal.

This information is available for free in other languages. Please call our Customer Relations number at 1-800-701-9000 or, for TTY users, 1-800-208-9562, Monday - Friday 8:00 a.m. - 8:00 p.m. (from Oct. 1 - Feb. 14 representatives are available 7 days a week, 8:00 a.m. - 8:00 p.m.). After hours and on holidays, please leave a message and a representative will return your call on the next business day.

Esta información está disponible gratuitamente en otros idiomas. Sírvase llamar a nuestro número de Servicio al Cliente al 1-800-701-9000 o, para usuarios con problemas auditivos (TTY), al 1-800-208-9562, de lunes a viernes, desde las 8:00 a.m. hasta las 8:00 p.m. (desde el 1 de octubre hasta el 14 de febrero hay representantes disponibles los 7 días de la semana, desde las 8:00 a.m. hasta las 8:00 p.m.). Después del horario de atención y en días feriados, por favor deje un mensaje y un representante le devolverá su llamada el día laborable siguiente.

